

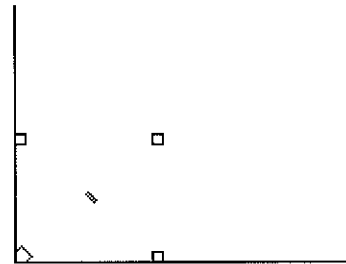
Practice Plan

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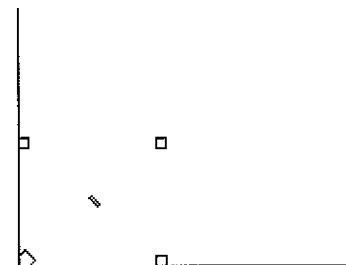
Date: _____ Page: 1 Time: _____

#	Duration (minutes)	Drill/Activity	Objective
1.			
2.			
3.			
4.			
5.			
6.			
7.			

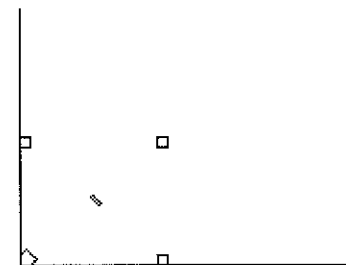
1.



2.



3.

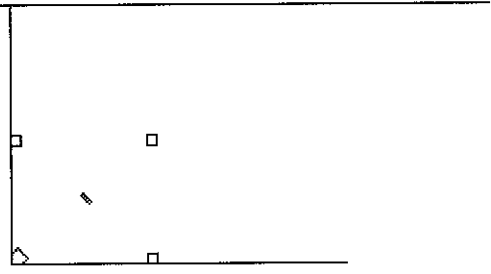
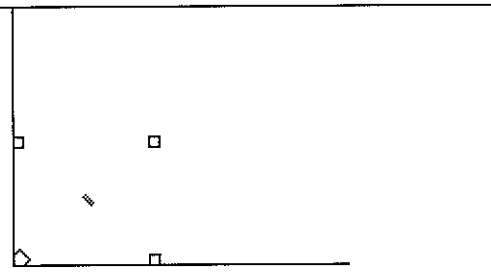
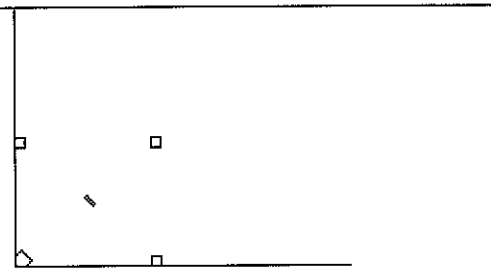
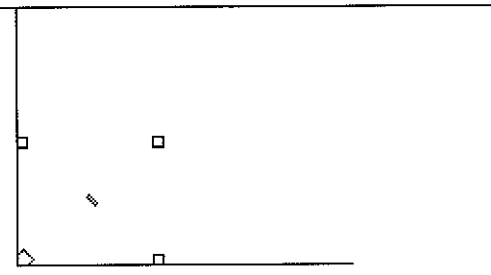
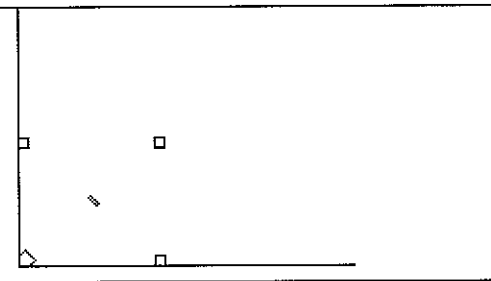


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Date: _____ Page: _____

Objectives:

Time: - Activity: Details:	
Time: - Activity: Details:	
Time: - Activity: Details:	
Time: - Activity: Details:	
Time: - Activity: Details:	

Notes: